

Findlay Hearing CENTER

930 Plaza Street Findlay, Ohio | 419-422-5242

Fall 2024

October

Protect your hearing month!



Have You Heard the Rumors?

Well, they are true.

We are expanding! Findlay Hearing Center will be expanding our services to Upper Sandusky, Ohio this fall! We are ecstatic for this new chapter and can't wait to build more connections and help more people. So spread the word to your friends and family that we are on our way!

We will be opening our office for patients in November.

Jodi will be seeing patients in Upper Sandusky on Tuesdays and Dr. Courtney will be there on Thursdays. Our office hours will remain 9:00 am-4:00 pm and appointments are encouraged. We appreciate the support you all have given us throughout the years and are looking forward to what this adventure offers.



Our new office will be located at
121 East Walker Street
Upper Sandusky, Ohio 43351



Follow us on Facebook, Instagram and Tik Tok!



Our office will be **CLOSED**

December 23-27

Thank you for allowing us to spend this precious time with our families.



Jot it Down with Jodi

The 2024 year so far has been full of excitement and it would not have been possible without all of you. I am celebrating 10 years of owning this business and we are celebrating by freshening up the office a bit! Stop in to see our progress. My family grew by welcoming in another grandbaby in July this year and he is bringing us all so much joy!

Our manufacturers are continuing to make incredible strides in the hearing care and technology world. They are working hard to bring products to their consumers that will truly make lives better. I have always had a passion to help people experience life to the fullest. Part of that passion is to reach as many people as possible to show them what all the sounds of life can offer which is why we are choosing to expand our office to Upper Sandusky. We are all thrilled for the start of this new adventure and cannot wait to spread the news of hearing health to another amazing community.



Congratulations, Syble!

Congratulations, Fair Kids!

At Findlay Hearing Center we truly want to help our community and inspire the next generation. This year we were able to sponsor four fair kids as they showed a variety of animals and passions. We are so proud of each of them!



Clean and Checks

Clean and checks are our regular follow up visits where we can address your needs, deep clean your hearing aids with our office machines, and complete any updates that might be available for your devices. It's important to have these appointments every **six months** in order to help your hearing aid devices have a long life. Some people may even need their hearing aid cleaned sooner! If it's been awhile since your hearing aids have been cleaned and checked by a provider, give us a call to set up an appointment!



Courtney's Corner

Happy Fall!

I have a couple of fun personal updates for you all! I am coaching middle school girls volleyball this season so my evenings have been busy with practices or games. My oldest started preschool this year and has been loving it so far!

A work update for you is..... (drum roll) we are opening an office in Upper Sandusky! I am from Upper Sandusky, so this is really special to me.

We are excited to be able to offer our services in my hometown. If you would like your next appointment to be at the Upper office instead of Findlay, please give us a call and we can get it moved. Don't forget to have Kristen look into your insurance before the end of the year to see if you have a benefit to use towards something new!



Did you know?

Hearing loss is linked to other health conditions like falling, vertigo, and even dementia!

Share this with a friend!

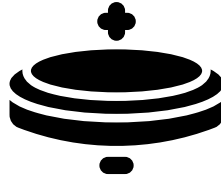


Tip of the Season:

As we get into the colder months and start wearing warm hats, make sure that your hearing aids stay in your ears!

Hearing Aid Batteries

As of March 8, 2024 there is a new law in place that requires all coin and button cell battery packaging to be child resistant. This may take some time to get used to as you will have to cut the packaging to retrieve the battery. We encourage you **NOT** to cut them all at once and put them in a bag together as that will cause the batteries to die faster. Please make sure that you keep your batteries away from kids!



Scan to go to our website!



Kicking it with Kristen

Hey everyone! I am back from maternity leave and was blessed with a beautiful baby girl back in April, miss Ruby Sue. She was born on the morning of Eclipse Day, and we still got to watch it later that day. Don't worry, we put sunglasses on her. Life has been a bit busier with two littles, but my husband and I are adjusting well. I am excited to be back at work to see you all and help you with any insurance questions or general questions to help you out. I look forward to seeing you all again at your six-month clean and check. If you do not have one set up give us a call 419-422-5242.



Family Time is Coming

What are some of the best ways to prepare for time with family in regards to your hearing loss?

- 1) Make sure that you wear your hearing aid devices (and not just the day of the get together)
- 2) Make sure that if you have rechargeable hearing aids that they are fully charged
- 3) Politely let family members know if you can't hear them
- 4) Don't exclude yourself from conversation
- 5) If there is background noise such as music or the television, ask to turn it down or off during conversation

Featured Product!

Dry, flaky, and irritated ears?

Try ProEar by Miracell!

Our favorite product to soothe ears!

\$1 OFF!

Stop into our office to stock up before the cold months!



Like us on Facebook!

We post helpful hints for your hearing health as well as share the newest information from our office!

Findlay
Hearing
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Give Your Brain a Workout!

It's important to keep your brain active and working to continue strengthening the connections in your brain. Can you solve these riddles?

**1) Turn me on my side, and I am everything.
Cut me in half, and I am nothing. What am I?**

2) Which tire doesn't move when a car turns right?

3) What can you hold without ever touching or using your hands?

Your ears are just the mechanism for your brain to hear. They send the signal in your brain to start listening.



1) The number eight. 2) The spare tire. 3) Your breath!

Makenna's Memo

I love fall and all that it brings. My husband and I enjoy cheering on the Cleveland Sports and playing with our dogs.

I appreciated everyone's kindness and patience this spring as I was working the front desk while Kristen was off with her precious baby girl. Now I guess it's my turn! My husband and I will be welcoming our first baby into the world at the end of the year and we could not be more excited.

I will continue to spread the news about hearing health and all of the benefits to getting your hearing checked as well as follow up care. Thank you all for supporting this amazing group of women as we continue to grow and help the community!



Looking for a Heart Healthy Fall Meal? Try this Stuffed Acorn Squash Recipe!

Ingredients

- Acorn Squash halved
- 1 Tbsp. olive oil
- 1/2 pound of turkey or chicken sausage
- 1 small onion
- 1 red pepper
- Salt and ground black pepper
- Whole grain brown rice
- 2 Tbsp. fresh chopped parsley leaves

Directions:

- 1) Lightly grease microwave-safe large plate; place squash halves, cut sides down, on plate. Cook squash in microwave oven on High for 8 to 9 minutes or until fork-tender; set aside until cool enough to handle.
- 2) Preheat oven to 375 degrees F. In a medium sized skillet, add oil and cook the sausage until browned, breaking it up into small pieces. Transfer sausage into a large bowl.
- 3) In the same skillet add onion, red pepper, 1/2 teaspoon salt, and 1/4 teaspoon black pepper. Cook for 6-8 minutes or until soft and tender. Add to the bowl with the sausage.
- 4) With spoon, scoop out squash, leaving 1/4-inch-thick shell. Add scooped out squash into bowl with the other ingredients. Add in the cooked rice. Add in parsley. Mix until combined.
- 5) Spoon mixture into squash shells. Place the shells on a pan and bake 20 minutes at 375 F.
- 6) Enjoy!



Recipe from Good Housekeeping